

# Scotiabank Cape to Cabot 20k

## Overall Finish List

October 14, 2012

Timing & Results By Athletics NorthEAST

Place	Bib	Name	Club	Total Time	18.39 km Time	Mazda Mile Time	Gender Place	Age Group Place
1	150	David Freake		1:17:39	1:09:57	7:41	M 1	1 M 20-29
2	352	Grant Tapper		1:20:57	1:12:19	8:38	M 2	2 M 20-29
3	26	Paul Bassler	ANER	1:23:41	1:15:19	8:22	M 3	1 M 30-39
4	77	Jeff Collingwood	ANER	1:25:32	1:16:14	9:17	M 4	1 M 50-59
5	42	Alec Brookes	NAUT	1:25:38	1:16:40	8:58	M 5	2 M 30-39
6	167	Jason Guy		1:27:34	1:17:37	9:57	M 6	3 M 30-39
7	27	Lee Bennett		1:27:58	1:18:12	9:46	M 7	4 M 30-39
8	136	Scott Fitzgerald		1:28:58	1:19:47	9:11	M 8	1 M 40-49
9	391	Richard Wilkins		1:29:05	1:19:59	9:05	M 9	5 M 30-39
10	344	Dustin Spurrell		1:29:13	1:20:05	9:07	M 10	3 M 20-29
11	81	Patrick Collins		1:29:25	1:20:16	9:09	M 11	6 M 30-39
12	39	Lloyd Brockerville	MARC	1:29:32	1:20:15	9:16	M 12	2 M 50-59
13	89	Ian Crane		1:29:59	1:20:21	9:38	M 13	7 M 30-39
14	354	Colin Taylor		1:30:34	1:21:20	9:14	M 14	2 M 40-49
15	172	Brian Harnett		1:30:48	1:21:20	9:27	M 15	4 M 20-29
16	22	Steve Barnes	ANER	1:31:36	1:21:29	10:06	M 16	8 M 30-39
17	251	Leroy Murphy	ANER	1:31:45	1:21:31	10:14	M 17	3 M 40-49
18	301	Sheldon Quinton		1:32:19	1:22:33	9:45	M 18	4 M 40-49
19	139	Terry Fleming		1:32:29	1:23:04	9:25	M 19	5 M 40-49
20	154	Derek Galway	ANER	1:32:34	1:21:42	10:52	M 20	6 M 40-49
21	376	Craig Vokey		1:32:58	1:23:17	9:41	M 21	9 M 30-39
22	198	Bernard Kenny		1:33:30	1:22:38	10:51	M 22	10 M 30-39
23	388	Todd Whiffen		1:33:55	1:24:30	9:24	M 23	11 M 30-39
24	282	Johnny Peters		1:34:16	1:24:13	10:02	M 24	5 M 20-29
25	115	Tom Dunne		1:34:32	1:24:38	9:54	M 25	12 M 30-39
26	43	Sharon Brophy	ANER	1:34:44	1:24:31	10:12	F 1	1 F 40-49
27	216	Greg Lovett		1:34:53	1:25:07	9:45	M 26	6 M 20-29
28	131	Kirk Farrell		1:34:57	1:24:01	10:55	M 27	13 M 30-39
29	156	Keith Glynn	PRCA	1:35:16	1:25:11	10:05	M 28	3 M 50-59
30	142	Johnny Foley		1:35:56	1:25:40	10:15	M 29	7 M 40-49
31	20	Jeff Barnes		1:36:14	1:25:41	10:33	M 30	8 M 40-49
32	64	Erik Charron	ANER	1:36:18	1:27:32	8:45	M 31	7 M 20-29
33	38	Gordon Brockerville	MARC	1:36:36	1:25:56	10:39	M 32	4 M 50-59
34	147	Jesse Frampton		1:36:40	1:26:52	9:47	M 33	8 M 20-29
35	329	Janelle Simmons		1:36:49	1:23:40	13:09	F 2	1 F 30-39
36	367	Clifford Trend		1:37:11	1:26:56	10:15	M 34	14 M 30-39
37	37	Colin Brisco		1:37:13	1:27:28	9:45	M 35	15 M 30-39
38	204	Norbert Lake		1:37:15	1:26:32	10:42	M 36	9 M 40-49
39	305	Michael Reid		1:37:17	1:26:42	10:34	M 37	16 M 30-39
40	31	Isaac Bonisteel		1:37:24	1:27:36	9:47	M 38	1 M 0-19
41	342	Andrew Snelgrove		1:38:04	1:27:56	10:08	M 39	9 M 20-29
42	135	Adam Fitzgerald	ANER	1:38:08	1:26:56	11:11	M 40	10 M 20-29
43	174	James Hayes		1:38:10	1:28:02	10:07	M 41	11 M 20-29
44	44	Garett Brown		1:38:11	1:27:53	10:17	M 42	12 M 20-29
45	345	Abigail Steel		1:38:19	1:27:55	10:23	F 3	1 F 50-59
46	252	Sherrie Myers	ANER	1:38:30	1:28:29	10:01	F 4	2 F 40-49
47	97	Mike Dauphinee		1:38:40	1:28:20	10:20	M 43	17 M 30-39
48	281	Karen Penwell	ANER	1:38:41	1:28:16	10:24	F 5	2 F 30-39
49	279	Michael Penney		1:38:43	1:28:13	10:30	M 44	18 M 30-39

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Place	Bib	Name	Club	Total Time	18.39 km Time	Mazda Mile Time	Gender Place	Age Group Place
50	138	Chris Flanagan	ANER	1:38:55	1:28:40	10:15	M 45	5 M 50-59
51	261	Mark Noseworthy	ANER	1:39:11	1:27:49	11:21	M 46	6 M 50-59
52	359	Sean Tiller		1:39:20	1:28:54	10:25	M 47	7 M 50-59
53	62	Chris Cavanagh	ANER	1:39:26	1:28:59	10:26	M 48	19 M 30-39
54	121	Jason Edwards		1:39:33	1:28:56	10:37	M 49	10 M 40-49
55	287	Keith Pike		1:39:41	1:29:05	10:36	M 50	20 M 30-39
56	335	Andrew Smith	ANER	1:40:02	1:28:59	11:03	M 51	11 M 40-49
57	390	Kelly Wilkins		1:40:12	1:29:35	10:37	F 6	3 F 40-49
58	286	Craig Pike	PRCA	1:40:16	1:29:20	10:56	M 52	12 M 40-49
59	106	Paul Dillon		1:40:20	1:28:55	11:24	M 53	21 M 30-39
60	168	Jonathan Hall		1:40:28	1:28:25	12:02	M 54	22 M 30-39
61	209	Stephen Lee		1:40:39	1:30:04	10:35	M 55	13 M 40-49
62	41	Anthony Broders	ANER	1:40:57	1:29:37	11:20	M 56	14 M 40-49
63	181	Josée Hotton	ANER	1:41:13	1:30:46	10:27	F 7	4 F 40-49
64	175	Dave Hennessey		1:41:26	1:30:52	10:34	M 57	8 M 50-59
65	357	Mervin Thompson		1:41:48	1:30:12	11:35	M 58	9 M 50-59
66	159	Doug Graham		1:41:59	1:31:47	10:12	M 59	15 M 40-49
67	309	Gregg Robertson		1:42:01	1:31:49	10:12	M 60	16 M 40-49
68	207	Kim Larouche		1:42:03	1:30:48	11:14	F 8	5 F 40-49
69	278	Jonathan Penney		1:42:17	1:29:19	12:57	M 61	23 M 30-39
70	363	Jason Tobin		1:42:28	1:30:50	11:38	M 62	24 M 30-39
71	219	Nick MacCallum	MERC	1:42:38	1:30:35	12:02	M 63	13 M 20-29
72	63	Ian Chapple		1:42:40	1:32:14	10:25	M 64	17 M 40-49
73	50	Philip Burse	NAUT	1:42:48	1:30:43	12:04	M 65	18 M 40-49
74	149	Craig Freake		1:43:13	1:32:38	10:35	M 66	19 M 40-49
75	248	Andy Morgans		1:43:31	1:33:19	10:12	M 67	25 M 30-39
76	302	Todd Ralph	PRCA	1:43:35	1:32:31	11:04	M 68	20 M 40-49
77	117	Megan Dupuis		1:43:42	1:32:40	11:02	F 9	1 F 20-29
78	240	Roger Melendy		1:44:09	1:34:02	10:07	M 69	10 M 50-59
79	268	Shane O'Neill		1:44:42	1:34:02	10:39	M 70	14 M 20-29
80	177	Richard Hickey		1:44:52	1:33:09	11:43	M 71	15 M 20-29
81	221	Jamie Mackay		1:44:57	1:32:26	12:31	M 72	21 M 40-49
82	105	Chris Dillon		1:45:04	1:32:28	12:36	M 73	26 M 30-39
83	366	Blair Trainor		1:45:24	1:34:00	11:23	M 74	16 M 20-29
84	90	Brian Croft		1:45:34	1:32:59	12:34	M 75	11 M 50-59
85	197	Gary Kennell		1:46:36	1:34:31	12:05	M 76	27 M 30-39
86	318	Michael Ryan		1:46:39	1:35:30	11:08	M 77	28 M 30-39
87	74	Katheryn Cochrane	CBRC	1:46:43	1:35:20	11:23	F 10	2 F 20-29
88	184	Rod Hutchings		1:46:53	1:33:52	13:00	M 78	22 M 40-49
89	83	Carrie Comerford		1:47:06	1:36:15	10:51	F 11	6 F 40-49
90	57	Duane Button		1:47:10	1:33:43	13:26	M 79	29 M 30-39
91	257	C.J. Nolan	ANER	1:47:25	1:34:46	12:39	M 80	30 M 30-39
92	317	Kevin Ryan		1:47:28	1:35:51	11:36	M 81	12 M 50-59
93	129	Mark Fahey		1:47:36	1:35:52	11:44	M 82	31 M 30-39
94	368	Greg Tricco		1:47:39	1:36:54	10:45	M 83	32 M 30-39
95	256	Sam Newhook		1:47:40	1:35:11	12:29	M 84	2 M 0-19
96	78	Bill Collins		1:47:51	1:36:01	11:50	M 85	1 M 60-69
97	48	Tim Bruce		1:48:02	1:35:19	12:43	M 86	33 M 30-39
98	202	Matt Kippenhuck		1:48:03	1:37:26	10:36	M 87	17 M 20-29

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99	356	Joanne Taylor	ANER	1:48:07	1:36:35	11:31	F 12	7 F 40-49
100	194	Paula Kelly		1:48:19	1:36:14	12:04	F 13	8 F 40-49
101	400	Jason Yetman		1:48:24	1:36:31	11:52	M 88	34 M 30-39
102	289	Mark Ploughman		1:48:29	1:37:04	11:24	M 89	13 M 50-59
103	144	Corey Ford		1:48:33	1:37:19	11:13	M 90	23 M 40-49
104	220	Jason MacDonald		1:48:35	1:37:03	11:31	M 91	35 M 30-39
105	100	Michael Dawe		1:48:38	1:37:08	11:29	M 92	18 M 20-29
106	276	Kevin Peddle		1:48:42	1:36:41	12:01	M 93	2 M 60-69
107	351	Melvin Sutton		1:48:49	1:36:58	11:51	M 94	36 M 30-39
108	336	Jordan Smith		1:48:55	1:39:15	9:40	M 95	19 M 20-29
109	113	William Duggan		1:49:09	1:37:10	11:58	M 96	20 M 20-29
110	247	Sylvie Mitford		1:49:11	1:38:13	10:57	F 14	3 F 20-29
111	137	Steve Fitzgerald		1:49:38	1:38:40	10:58	M 97	37 M 30-39
112	14	Jenny Austin		1:49:40	1:39:32	10:08	F 15	4 F 20-29
113	389	Brad Wilkins		1:49:44	1:38:14	11:29	M 98	38 M 30-39
114	338	Scott Smith		1:49:51	1:37:59	11:51	M 99	24 M 40-49
115	183	Jonathan Howse		1:49:56	1:38:09	11:47	M 100	21 M 20-29
116	18	Brad Ball		1:50:01	1:37:31	12:29	M 101	25 M 40-49
117	312	Arch Rose		1:50:05	1:39:18	10:47	M 102	26 M 40-49
118	292	Kerry Pope		1:50:16	1:38:11	12:05	M 103	27 M 40-49
119	293	Sandra Pope		1:50:16	1:38:11	12:05	F 16	9 F 40-49
120	126	Kerri-Ann Evelyn		1:50:20	1:37:49	12:30	F 17	5 F 20-29
121	12	Christine Aubrey-Bassler		1:50:27	1:39:39	10:47	F 18	3 F 30-39
122	45	Howard Brown		1:50:33	1:38:21	12:12	M 104	14 M 50-59
123	239	Amy Melendy		1:50:43	1:39:03	11:40	F 19	4 F 30-39
124	65	Richard Charron		1:50:49	1:39:14	11:35	M 105	15 M 50-59
125	392	Nancy Winchester		1:50:50	1:39:42	11:07	F 20	10 F 40-49
126	290	Stephanie Pomeroy		1:50:51	1:40:00	10:51	F 21	6 F 20-29
127	153	Joaquin Gai		1:50:52	1:39:51	11:00	M 106	3 M 0-19
128	91	Mark Croft		1:50:59	1:38:45	12:13	M 107	22 M 20-29
129	30	Greg Bonia		1:50:59	1:38:39	12:20	M 108	16 M 50-59
130	205	Paul Lamswood		1:51:06	1:38:26	12:40	M 109	28 M 40-49
131	160	Phil Graham		1:51:08	1:39:21	11:47	M 110	3 M 60-69
132	32	Ken Bonnell		1:51:17	1:40:03	11:14	M 111	29 M 40-49
133	108	Richard Donnan		1:51:19	1:39:43	11:35	M 112	39 M 30-39
134	186	Jeff Jenkins		1:51:31	1:40:11	11:19	M 113	30 M 40-49
135	173	Jim Hawco		1:51:33	1:39:28	12:04	M 114	4 M 60-69
136	203	Jeremy Korchoski		1:51:49	1:40:23	11:25	M 115	40 M 30-39
137	259	Ian Norris		1:52:35	1:39:28	13:07	M 116	31 M 40-49
138	107	John Donaldson		1:52:36	1:40:26	12:09	M 117	32 M 40-49
139	69	Natalie Cloutier		1:52:37	1:39:36	13:00	F 22	5 F 30-39
140	95	Fiona Curtis		1:52:38	1:40:19	12:18	F 23	6 F 30-39
141	348	Clark Stokes		1:52:38	1:40:09	12:29	M 118	33 M 40-49
142	67	Ray Clarke		1:52:53	1:40:01	12:52	M 119	34 M 40-49
143	162	Joe Greene		1:53:03	1:40:02	13:01	M 120	41 M 30-39
144	350	Erin Sullivan		1:53:11	1:41:24	11:47	F 24	7 F 30-39
145	316	Joe Ryan		1:53:12	1:41:18	11:54	M 121	5 M 60-69
146	304	Danny Reid		1:53:17	1:41:03	12:14	M 122	23 M 20-29
147	76	Secina Cokes		1:53:18	1:40:28	12:49	F 25	2 F 50-59

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Place	Bib	Name	Club	Total Time	18.39 km Time	Mazda Mile Time	Gender Place	Age Group Place
148	5	Douglas Andrews		1:53:23	1:42:34	10:48	M 123	17 M 50-59
149	235	Ken McKinnon		1:53:40	1:42:39	11:00	M 124	18 M 50-59
150	176	Jenelle Herbert		1:54:19	1:41:55	12:24	F 26	7 F 20-29
151	54	Melissa Butler		1:54:21	1:41:43	12:37	F 27	8 F 30-39
152	306	Nancy Robbins		1:54:26	1:41:44	12:41	F 28	9 F 30-39
153	401	John Hurley		1:54:26	1:41:44	12:42	M 125	24 M 20-29
154	284	Neal Philpott		1:54:32	1:40:59	13:32	M 126	25 M 20-29
155	68	Ryan Cleary		1:54:44	1:42:53	11:51	M 127	35 M 40-49
156	165	Kent Gulliford		1:54:50	1:42:07	12:42	M 128	36 M 40-49
157	315	Peter Russell		1:54:55	1:41:52	13:02	M 129	37 M 40-49
158	333	Murray Slack		1:55:08	1:42:54	12:13	M 130	38 M 40-49
159	250	Donna Murphy	ANER	1:55:19	1:41:59	13:19	F 29	11 F 40-49
160	393	Leah Winter		1:55:23	1:42:59	12:23	F 30	3 F 50-59
161	46	Joseph Brown		1:55:35	1:42:18	13:17	M 131	19 M 50-59
162	399	Andrew Wright		1:55:39	1:43:45	11:54	M 132	42 M 30-39
163	373	Alex Twells		1:55:47	1:43:17	12:30	M 133	39 M 40-49
164	213	Morgan Lockyer		1:55:55	1:43:11	12:43	F 31	8 F 20-29
165	166	Terry Gulliford		1:55:57	1:42:51	13:05	M 134	40 M 40-49
166	7	Jenny Arbuckle		1:56:02	1:43:44	12:17	F 32	9 F 20-29
167	229	Neil Martin		1:56:18	1:42:43	13:34	M 135	26 M 20-29
168	72	Paul Coady		1:56:30	1:42:49	13:41	M 136	41 M 40-49
169	237	Larry Mcloughlan		1:57:01	1:42:54	14:07	M 137	20 M 50-59
170	236	Cynthia Mcloughlan		1:57:09	1:42:50	14:18	F 33	4 F 50-59
171	132	Tina Fewer	ANER	1:57:15	1:44:53	12:21	F 34	10 F 30-39
172	96	Patrick Dalton	ANER	1:57:15	1:44:54	12:21	M 138	43 M 30-39
173	294	Trevor Porter		1:57:24	1:42:57	14:27	M 139	42 M 40-49
174	196	Natasha Kennedy		1:57:35	1:45:23	12:12	F 35	12 F 40-49
175	143	Randy Follett	PRCA	1:57:41	1:43:04	14:37	M 140	43 M 40-49
176	4	Marc Alivio	PRCA	1:57:57	1:43:05	14:51	M 141	44 M 30-39
177	123	Karen Ennis		1:57:59	1:44:47	13:11	F 36	11 F 30-39
178	340	W George Smith		1:58:07	1:44:51	13:15	M 142	21 M 50-59
179	116	Jerry Dunphy		1:58:07	1:44:26	13:41	M 143	44 M 40-49
180	296	Darren Power		1:58:09	1:45:12	12:57	M 144	45 M 40-49
181	328	Gillian Sheppard		1:58:12	1:45:37	12:34	F 37	12 F 30-39
182	158	Rick Goulding		1:58:14	1:45:40	12:33	M 145	22 M 50-59
183	124	Jason Evans		1:58:14	1:44:49	13:25	M 146	45 M 30-39
184	379	Brian Walsh		1:58:30	1:45:35	12:55	M 147	23 M 50-59
185	361	Amanda Tippet	NWRC	1:58:32	1:46:36	11:55	F 38	13 F 30-39
186	122	David Emberley		1:58:33	1:44:55	13:37	M 148	46 M 30-39
187	212	Karen Linfield		1:58:36	1:45:18	13:18	F 39	13 F 40-49
188	152	Sarah Furkalo		1:58:39	1:45:41	12:57	F 40	10 F 20-29
189	33	Daniel Bourgeois		1:58:46	1:46:05	12:40	M 149	47 M 30-39
190	355	David Taylor		1:58:57	1:44:55	14:02	M 150	24 M 50-59
191	164	Douglas Grouchy		1:59:00	1:46:43	12:16	M 151	46 M 40-49
192	71	Liz Coady		1:59:09	1:45:12	13:56	F 41	14 F 30-39
193	371	Paula Tucker		1:59:10	1:46:07	13:03	F 42	14 F 40-49
194	258	Janet Nolan		1:59:11	1:46:35	12:36	F 43	15 F 40-49
195	94	Paul Cunningham		1:59:26	1:46:47	12:38	M 152	47 M 40-49
196	88	Michael Craig		1:59:32	1:46:22	13:10	M 153	25 M 50-59

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Place	Bib	Name	Club	Total Time	18.39 km Time	Mazda Mile Time	Gender Place	Age Group Place
197	169	Michael Hamilton		1:59:35	1:46:40	12:54	M 154	27 M 20-29
198	234	Tracy McGrath		1:59:40	1:46:39	13:01	F 44	16 F 40-49
199	246	Elizabeth Milne	ANER	1:59:42	1:46:49	12:53	F 45	17 F 40-49
200	148	Doreen Franke		1:59:42	1:46:42	12:59	F 46	11 F 20-29
201	215	Jamie Long		2:00:05	1:48:12	11:52	M 155	48 M 30-39
202	104	Kevin Deveau		2:00:15	1:46:08	14:07	M 156	48 M 40-49
203	111	Adrien Doucet		2:00:17	1:46:29	13:48	M 157	28 M 20-29
204	285	Matt Piercey		2:00:22	1:46:34	13:47	M 158	49 M 40-49
205	190	Carolyn Jones		2:00:22	1:46:35	13:47	F 47	15 F 30-39
206	387	Peter Whelan		2:00:27	1:46:06	14:21	M 159	49 M 30-39
207	102	Susan Day		2:00:28	1:47:29	12:58	F 48	16 F 30-39
208	358	Tyler Thompson		2:00:42	1:46:48	13:54	M 160	29 M 20-29
209	16	Gregory Baker		2:00:58	1:46:13	14:44	M 161	26 M 50-59
210	372	Norbert Turpin		2:01:18	1:48:44	12:34	M 162	50 M 30-39
211	120	Jill Edison		2:01:37	1:50:05	11:31	F 49	17 F 30-39
212	353	Mahlodi Tau	ANER	2:01:43	1:47:31	14:12	F 50	18 F 30-39
213	339	Ted Smith	ANER	2:01:47	1:48:10	13:36	M 163	27 M 50-59
214	337	Kristen Smith		2:01:50	1:48:32	13:18	F 51	18 F 40-49
215	182	Jennifer Howse		2:01:56	1:50:03	11:53	F 52	19 F 30-39
216	145	Cesar Forero		2:01:59	1:47:07	14:51	M 164	51 M 30-39
217	255	Paul Newhook		2:02:05	1:48:05	14:00	M 165	50 M 40-49
218	263	Matthew Nurse		2:02:12	1:49:56	12:16	M 166	30 M 20-29
219	29	Trevor Blackler		2:02:14	1:49:10	13:03	M 167	52 M 30-39
220	49	Joe Burns		2:02:15	1:47:08	15:06	M 168	28 M 50-59
221	21	Jim Barnes		2:02:28	1:48:40	13:48	M 169	6 M 60-69
222	319	Michelle Ryan		2:02:31	1:49:58	12:32	F 53	20 F 30-39
223	377	Donna Wadden		2:02:39	1:48:09	14:30	F 54	5 F 50-59
224	262	Patrick Nowotczynski		2:02:52	1:49:13	13:38	M 170	51 M 40-49
225	227	Darlene Martin	PRCA	2:02:58	1:48:39	14:18	F 55	19 F 40-49
226	163	Tory Greay		2:02:59	1:48:22	14:37	F 56	12 F 20-29
227	51	Donna Burt		2:03:00	1:49:20	13:39	F 57	20 F 40-49
228	6	Ann Angel		2:03:04	1:48:53	14:11	F 58	6 F 50-59
229	311	Diane Roche		2:03:15	1:49:46	13:29	F 59	7 F 50-59
230	370	Greg Tucker		2:03:25	1:48:58	14:27	M 171	53 M 30-39
231	360	Tina Timmons		2:03:33	1:50:15	13:18	F 60	21 F 30-39
232	394	Jim Winters		2:03:42	1:50:10	13:31	M 172	29 M 50-59
233	343	Sue Sparrow		2:04:06	1:50:26	13:39	F 61	21 F 40-49
234	80	Neil Collins		2:04:06	1:52:18	11:48	M 173	52 M 40-49
235	155	Justin Garrett	ANER	2:04:10	1:49:41	14:29	M 174	54 M 30-39
236	86	Danielle Cote		2:04:26	1:50:37	13:49	F 62	13 F 20-29
237	15	Krista Austin		2:04:29	1:52:08	12:20	F 63	22 F 30-39
238	103	Gordon Delaney		2:04:35	1:50:17	14:17	M 175	55 M 30-39
239	140	Amy Flynn		2:05:01	1:49:25	15:36	F 64	23 F 30-39
240	2	Susan Abbott		2:05:23	1:51:15	14:08	F 65	24 F 30-39
241	299	Tina Purcell	RRCG	2:05:23	1:52:09	13:14	F 66	22 F 40-49
242	192	Trevor Kearsey		2:05:32	1:52:10	13:22	M 176	56 M 30-39
243	9	Michael Ash		2:05:49	1:51:09	14:40	M 177	57 M 30-39
244	187	Bernadette Jerrett		2:06:04	1:52:03	14:01	F 67	8 F 50-59
245	244	Sheila Miller		2:06:16	1:53:13	13:03	F 68	9 F 50-59

# Scotiabank Cape to Cabot 20k

## Overall Finish List

October 14, 2012

Timing & Results By Athletics NorthEAST

Place	Bib	Name	Club	Total Time	18.39 km Time	Mazda Mile Time	Gender Place	Age Group Place
246	346	Erik Stirler		2:06:18	1:51:33	14:44	M 178	31 M 20-29
247	383	Steven Watt		2:06:39	1:53:14	13:24	M 179	58 M 30-39
248	87	Marian Craig		2:06:54	1:53:07	13:47	F 69	10 F 50-59
249	11	Lisa Atkinson		2:07:13	1:53:06	14:07	F 70	11 F 50-59
250	10	Glenda Ashford		2:08:05	1:53:19	14:45	F 71	23 F 40-49
251	314	Noel Roy		2:08:19	1:56:09	12:09	M 180	7 M 60-69
252	378	Alison Walker		2:08:31	1:54:34	13:56	F 72	25 F 30-39
253	223	Sharon Mahoney		2:08:37	1:55:47	12:50	F 73	26 F 30-39
254	151	Jennifer Furey		2:08:44	1:55:55	12:48	F 74	27 F 30-39
255	130	Karen Fanning		2:08:49	1:54:32	14:16	F 75	24 F 40-49
256	178	Billie-Joe Hodder		2:09:08	1:55:21	13:46	F 76	28 F 30-39
257	274	Joanna Parsons		2:09:08	1:54:57	14:10	F 77	14 F 20-29
258	300	Michelle Purchase		2:09:09	1:56:57	12:11	F 78	29 F 30-39
259	188	Colette Jewer		2:09:11	1:53:52	15:19	F 79	25 F 40-49
260	326	Tracey Shave		2:09:31	1:54:32	14:58	F 80	26 F 40-49
261	334	Sarah Smellie		2:09:41	1:54:58	14:42	F 81	30 F 30-39
262	114	Douglas Duguid		2:09:42	1:54:17	15:24	M 181	59 M 30-39
263	313	Chris Rowe		2:09:53	1:55:22	14:30	M 182	60 M 30-39
264	270	Julie Orr		2:09:53	1:55:51	14:02	F 82	15 F 20-29
265	277	Gerry Penney		2:10:12	1:56:23	13:48	M 183	8 M 60-69
266	347	Ken Stockley		2:10:44	1:56:15	14:29	M 184	53 M 40-49
267	321	Amanda Scott		2:10:46	1:57:00	13:45	F 83	31 F 30-39
268	206	Jennifer Laracy		2:11:00	1:55:46	15:13	F 84	32 F 30-39
269	386	Danika Wheeler		2:11:07	1:56:56	14:11	F 85	16 F 20-29
270	365	Adam Trainor		2:11:30	1:57:18	14:12	M 185	32 M 20-29
271	231	Megan McDonald		2:11:43	1:56:43	14:59	F 86	17 F 20-29
272	327	Betty Shea		2:11:50	1:57:29	14:21	F 87	12 F 50-59
273	303	Andrew Reddy		2:11:54	1:57:18	14:35	M 186	33 M 20-29
274	396	Travis Wooley		2:12:08	1:55:45	16:23	M 187	61 M 30-39
275	84	Sharon Connolly		2:12:56	1:58:28	14:28	F 88	13 F 50-59
276	320	Melinda Saunders	ANER	2:13:00	2:00:16	12:43	F 89	27 F 40-49
277	385	Brian Whalen		2:13:14	1:58:25	14:49	M 188	9 M 60-69
278	380	Doris Walsh		2:13:20	1:59:19	14:01	F 90	14 F 50-59
279	298	Louise Pumphrey	RRCG	2:13:38	1:58:39	14:59	F 91	15 F 50-59
280	269	Karyn ORielly		2:13:47	2:00:28	13:18	F 92	33 F 30-39
281	267	Glenda O'Neill		2:13:49	1:58:07	15:41	F 93	28 F 40-49
282	25	Susan Barry		2:13:58	2:01:16	12:42	F 94	1 F 0-19
283	66	Shelly Cheeseman		2:14:50	2:02:38	12:11	F 95	18 F 20-29
284	228	Darren Martin		2:14:59	2:01:20	13:39	M 189	30 M 50-59
285	112	Kora Duffett		2:15:02	2:00:53	14:08	F 96	34 F 30-39
286	199	Christine King		2:15:03	2:02:14	12:49	F 97	16 F 50-59
287	232	Tony McGann		2:15:37	1:59:57	15:40	M 190	31 M 50-59
288	349	Mike Stringer		2:15:40	2:01:20	14:20	M 191	54 M 40-49
289	93	Jonathan Crowe		2:15:40	2:01:27	14:13	M 192	32 M 50-59
290	324	Holly Serafinchon		2:15:43	2:00:29	15:13	F 98	19 F 20-29
291	109	Leah Dooley		2:15:44	2:00:50	14:53	F 99	35 F 30-39
292	191	Tanya Jones		2:16:00	2:01:43	14:17	F 100	36 F 30-39
293	224	Jillian Manning		2:16:06	2:01:56	14:09	F 101	37 F 30-39
294	125	Elizabeth Evely		2:16:22	2:01:54	14:28	F 102	17 F 50-59

# Scotiabank Cape to Cabot 20k

## Overall Finish List

October 14, 2012

Timing & Results By Athletics NorthEAST

Place	Bib	Name	Club	Total Time	18.39 km Time	Mazda Mile Time	Gender Place	Age Group Place
295	59	Michelle Caines		2:16:40	2:02:38	14:01	F 103	38 F 30-39
296	322	Kenneth Scott		2:17:20	2:02:31	14:49	M 193	33 M 50-59
297	195	Meghan Kennedy		2:17:22	2:03:54	13:28	F 104	20 F 20-29
298	24	Irene Barry		2:18:27	2:03:24	15:02	F 105	18 F 50-59
299	330	Robert Simmons	ANER	2:18:29	2:02:16	16:13	M 194	62 M 30-39
300	75	Rachelle Cochrane		2:18:36	2:03:42	14:53	F 106	19 F 50-59
301	8	Dave Armstrong		2:18:46	2:02:48	15:58	M 195	34 M 50-59
302	308	Rosemary Roberts	TTRC	2:18:46	2:04:02	14:44	F 107	29 F 40-49
303	307	David Roberts	TTRC	2:18:46	2:04:02	14:44	M 196	4 M 0-19
304	369	Dana Tucker		2:19:00	2:02:19	16:40	F 108	39 F 30-39
305	92	Jennifer Crowe		2:19:00	2:04:02	14:57	F 109	2 F 0-19
306	185	Cathy Ivany		2:19:04	2:05:11	13:52	F 110	30 F 40-49
307	211	Jean Leyte		2:19:42	2:04:33	15:08	F 111	1 F 60-69
308	36	Rhonda Bridger		2:19:47	2:05:57	13:50	F 112	40 F 30-39
309	70	Carolyn Coady		2:20:24	2:05:58	14:26	F 113	31 F 40-49
310	291	Tina Pomroy		2:20:29	2:05:04	15:25	F 114	32 F 40-49
311	264	Elizabeth Nurse-Hunt		2:20:47	2:04:36	16:11	F 115	20 F 50-59
312	295	Alfred Power		2:20:50	2:05:30	15:20	M 197	35 M 50-59
313	73	Regina Coady		2:20:50	2:05:30	15:19	F 116	21 F 50-59
314	58	Barbara Cadigan		2:20:53	2:04:37	16:16	F 117	22 F 50-59
315	82	Jef Combdon		2:20:54	2:04:44	16:09	M 198	55 M 40-49
316	310	Cynthia Roche		2:21:00	2:05:57	15:03	F 118	41 F 30-39
317	17	Regina Baldwin		2:21:30	2:05:49	15:41	F 119	23 F 50-59
318	375	Alasdair Veitch		2:21:43	2:06:45	14:57	M 199	36 M 50-59
319	362	Heather Tizzard		2:21:58	2:05:51	16:06	F 120	33 F 40-49
320	189	Alison Jones	ANER	2:21:58	2:05:51	16:07	F 121	42 F 30-39
321	60	Krista Carew		2:21:58	2:05:51	16:07	F 122	43 F 30-39
322	141	Dennis Flynn		2:22:02	2:05:52	16:09	M 200	56 M 40-49
323	179	Valerie Hodder		2:22:04	2:07:27	14:37	F 123	24 F 50-59
324	200	Tammy King		2:22:15	2:06:31	15:44	F 124	21 F 20-29
325	238	Wendy Meade		2:22:16	2:06:32	15:44	F 125	44 F 30-39
326	272	Dan Owens		2:22:39	2:05:52	16:47	M 201	57 M 40-49
327	275	Melissa Parsons		2:23:10	2:07:27	15:42	F 126	22 F 20-29
328	133	Robert Fish		2:23:21	2:07:25	15:56	M 202	58 M 40-49
329	395	Charmaine Wiseman		2:23:22	2:07:26	15:55	F 127	45 F 30-39
330	201	Louanne Kinsella		2:23:57	2:07:25	16:32	F 128	25 F 50-59
331	35	Erin Brennan		2:24:10	2:08:15	15:54	F 129	46 F 30-39
332	288	Sandy Pike		2:25:45	2:08:57	16:48	F 130	47 F 30-39
333	1	John Abbott		2:26:16	2:09:13	17:02	M 203	63 M 30-39
334	56	Alison Butt		2:27:01	2:12:14	14:46	F 131	48 F 30-39
335	222	Lesley Mackay		2:27:24	2:11:03	16:21	F 132	34 F 40-49
336	254	Leigh Newhook		2:27:24	2:11:02	16:22	F 133	35 F 40-49
337	47	Laila Brown		2:27:40	2:10:09	17:31	F 134	36 F 40-49
338	230	Emanuela Mascarin		2:28:03	2:12:06	15:56	F 135	49 F 30-39
339	134	Shannon Fisher	ANER	2:29:00	2:12:48	16:11	F 136	37 F 40-49
340	40	Julie Broderick		2:30:04	2:14:20	15:44	F 137	38 F 40-49
341	341	Walter Smith		2:30:14	2:12:31	17:42	M 204	10 M 60-69
342	53	Leigh Ann Butler		2:30:45	2:16:27	14:17	F 138	50 F 30-39
343	180	Kristy Hoddinott		2:31:38	2:15:11	16:26	F 139	51 F 30-39

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October 14, 2012

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Place	Bib	Name	Club	Total Time	18.39 km Time	Mazda Mile Time	Gender Place	Age Group Place
344	218	Germaine Lynch		2:31:41	2:15:11	16:30	F 140	52 F 30-39
345	225	Nici Marais		2:31:53	2:16:34	15:19	F 141	23 F 20-29
346	127	Kristen Ewing		2:31:54	2:16:30	15:24	F 142	53 F 30-39
347	119	Jennifer Dyke		2:32:00	2:14:38	17:22	F 143	24 F 20-29
348	171	Denise Hapgood		2:32:06	2:14:04	18:01	F 144	39 F 40-49
349	217	Lindsay Lyghtle Brushett		2:32:10	2:14:03	18:06	F 145	54 F 30-39
350	85	Kathy Conway Ward		2:32:25	2:15:08	17:17	F 146	55 F 30-39
351	157	Kimberly Goodyear		2:33:11	2:15:24	17:47	F 147	56 F 30-39
352	323	Rodney Scott		2:36:06	2:18:47	17:19	M 205	64 M 30-39
353	242	Kieran Miller		2:36:16	2:18:22	17:54	F 148	25 F 20-29
354	265	Nora O'Brien		2:36:22	2:19:29	16:52	F 149	26 F 50-59
355	55	Tammy Butler	ANER	2:38:12	2:20:34	17:38	F 150	57 F 30-39
356	208	Khoa Le		2:42:33	2:32:10	10:22	M 206	34 M 20-29
357	271	Sheila Osmond		2:50:40	2:30:44	19:55	F 151	27 F 50-59