

# Cape to Cabot 20k

## Overall Finish List

October 16, 2016

Timing & Results by Athletics NorthEAST

Place	Bib	Name	18.39 km Rank	18.39 km Time	Munn Mile Rank	Munn Mile Time	Time	Gender Place	Age Group Place
1	197	Jason Guy	1	1:09:48	1	<b>7:47</b>	1:17:35	M (1)	1 M 30-39
2	504	Peter Bazeley	2	1:11:00	4	8:06	1:19:07	M (2)	2 M 30-39
3	503	Kate Bazeley	4	1:13:30	3	<b>8:03</b>	1:21:34	F (1)	1 F 30-39
4	468	Jordan Veenstra	5	1:13:46	2	7:53	1:21:40	M (3)	3 M 30-39
5	196	Shan Guo	6	1:13:46	7	8:26	1:22:13	M (4)	1 M 40-49
6	315	Garry Monaghan (ANER)	3	1:13:09	20	9:13	1:22:23	M (5)	2 M 40-49
7	484	Jamie West (ANER)	7	1:14:27	12	8:49	1:23:17	M (6)	4 M 30-39
8	410	Brandon Sager (ANER)	10	1:15:25	5	8:14	1:23:40	M (7)	5 M 30-39
9	353	Mike Peddle	9	1:15:02	10	8:40	1:23:43	M (8)	3 M 40-49
10	57	Rob Briggs (NAUT)	8	1:15:02	13	8:52	1:23:55	M (9)	4 M 40-49
11	325	Jennifer Murrin (ANER)	13	1:15:49	8	8:29	1:24:19	F (2)	2 F 30-39
12	394	Rudy Riedlsperger (NAUT)	11	1:15:30	15	8:59	1:24:29	M (10)	6 M 30-39
13	291	Sheldon Marsh (ANER)	14	1:16:00	9	8:33	1:24:33	M (11)	7 M 30-39
14	108	Daniel Conway (ANER)	12	1:15:40	17	9:01	1:24:42	M (12)	1 M 20-29
15	143	Edward Durnford (ANER)	16	1:16:58	6	8:25	1:25:23	M (13)	5 M 40-49
16	152	Douglas Elliott	15	1:16:48	19	9:08	1:25:57	M (14)	8 M 30-39
17	240	Matthew Jurik	18	1:18:55	16	9:00	1:27:55	M (15)	6 M 40-49
18	77	Brian Caines	17	1:18:53	60	10:18	1:29:11	M (16)	9 M 30-39
19	128	Mark Dillon	19	1:19:52	27	9:26	1:29:18	M (17)	10 M 30-39
20	448	Chris Sweeney	20	1:20:17	41	9:56	1:30:13	M (18)	11 M 30-39
21	141	William Duggan (ANER)	22	1:21:25	24	9:20	1:30:46	M (19)	2 M 20-29
22	471	Katie Wadden	21	1:21:06	42	9:57	1:31:03	F (3)	3 F 30-39
23	221	Darrell Hopkins	23	1:22:08	18	9:07	1:31:15	M (20)	12 M 30-39
24	463	Greg Tricco	26	1:22:32	21	9:14	1:31:46	M (21)	7 M 40-49
25	289	Giles Malet	24	1:22:26	26	9:24	1:31:51	M (22)	1 M 50-59
26	179	Edwin Gillis	25	1:22:31	57	10:11	1:32:43	M (23)	2 M 50-59
27	132	Kiley Dominie (PRCA)	29	1:23:18	29	9:33	1:32:51	M (24)	8 M 40-49
28	155	Steve Emberley	27	1:23:03	48	10:03	1:33:06	M (25)	13 M 30-39
29	426	Alex Smallwood	32	1:23:47	32	9:39	1:33:27	M (26)	14 M 30-39
30	427	Joey Smallwood	31	1:23:47	34	9:40	1:33:27	M (27)	9 M 40-49
31	329	Stephanie Nevin (ANER)	30	1:23:31	52	10:08	1:33:40	F (4)	1 F 20-29
32	268	Mark Lawrence	33	1:23:49	46	10:02	1:33:52	M (28)	10 M 40-49
33	263	Norbert Lake	28	1:23:13	75	10:39	1:33:52	M (29)	11 M 40-49

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Place	Bib	Name	18.39 km Rank	18.39 km Time	Munn Mile Rank	Munn Mile Time	Time	Gender Place	Age Group Place
34	261	Michael Ladha	34	1:24:25	50	10:06	1:34:31	M (30)	15 M 30-39
35	378	Matthew F Power	36	1:24:43	45	10:00	1:34:44	M (31)	3 M 20-29
36	332	Bernie North	40	1:25:04	35	9:42	1:34:47	M (32)	12 M 40-49
37	209	Jay Hickey	39	1:25:00	44	9:59	1:34:59	M (33)	16 M 30-39
38	121	John-Michael Davis	47	1:26:25	11	8:41	1:35:06	M (34)	17 M 30-39
39	130	Stephen Dodge	35	1:24:27	76	10:41	1:35:08	M (35)	3 M 50-59
40	382	Janet Quick	38	1:24:59	54	10:11	1:35:10	F (5)	1 F 50-59
41	253	Mark King	42	1:25:37	36	9:44	1:35:21	M (36)	13 M 40-49
42	408	Chris Ryan	37	1:24:49	82	10:52	1:35:41	M (37)	18 M 30-39
43	346	Dylan Pack	45	1:26:10	40	9:52	1:36:03	M (38)	19 M 30-39
44	436	Jamie Snow	48	1:26:53	37	9:45	1:36:38	M (39)	20 M 30-39
45	156	Kirk Farrell (ANER)	41	1:25:13	111	11:25	1:36:38	M (40)	14 M 40-49
46	44	Christian Benoit	43	1:25:51	79	10:49	1:36:41	M (41)	21 M 30-39
47	295	Susan Martyn (ANER)	46	1:26:18	70	10:34	1:36:53	F (6)	1 F 40-49
48	481	Lee Wells	44	1:26:04	84	10:57	1:37:01	M (42)	15 M 40-49
49	59	Lloyd Brockerville (MARC)	50	1:27:18	38	9:48	1:37:07	M (43)	4 M 50-59
50	201	Matt Hardy	51	1:27:45	25	9:22	1:37:08	M (44)	4 M 20-29
51	45	Chad Benteau	61	1:28:19	14	8:53	1:37:12	M (45)	22 M 30-39
52	159	Terry Fleming	53	1:27:46	30	9:34	1:37:21	M (46)	5 M 50-59
53	120	Darren Davenport	60	1:28:15	22	9:15	1:37:31	M (47)	16 M 40-49
54	233	Melanie Irvine (NAUT)	57	1:28:11	28	9:26	1:37:38	F (7)	4 F 30-39
55	413	Jason Savoury			434	1:37:40	1:37:40	M (48)	17 M 40-49
56	490	Gavin Will	49	1:27:15	78	10:44	1:38:00	M (49)	6 M 50-59
57	337	Keith O'Brien	59	1:28:15	39	9:52	1:38:08	M (50)	18 M 40-49
58	58	Gordon Brockerville (MARC)	54	1:27:51	61	10:19	1:38:11	M (51)	1 M 60-69
59	51	Bill Boland	55	1:27:55	63	10:20	1:38:15	M (52)	19 M 40-49
60	356	Karen Penwell (ANER)	52	1:27:46	74	10:37	1:38:23	F (8)	5 F 30-39
61	46	Nathan Bessey	62	1:28:26	55	10:11	1:38:37	M (53)	5 M 20-29
62	446	Mark Sullivan	63	1:28:46	49	10:03	1:38:50	M (54)	20 M 40-49
63	416	Chris Scott	70	1:29:43	23	9:17	1:39:01	M (55)	6 M 20-29
64	385	Sheldon Quinton	58	1:28:13	91	11:07	1:39:21	M (56)	7 M 50-59
65	14	Marc Alivio (PRCA)	56	1:27:56	113	11:27	1:39:23	M (57)	23 M 30-39
66	492	Donnie Williams	64	1:29:04	64	10:24	1:39:29	M (58)	21 M 40-49

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67	314	David Molson	66	1:29:21	58	10:15	1:39:36	M (59)	7 M 20-29
68	21	Stephane Autin	65	1:29:21	66	10:26	1:39:48	M (60)	22 M 40-49
69	80	Matt Cameron	67	1:29:36	59	10:16	1:39:52	M (61)	24 M 30-39
70	258	Jeremy Korchoski	74	1:29:55	47	10:03	1:39:58	M (62)	23 M 40-49
71	76	Shantel Buttress	75	1:29:59	56	10:11	1:40:10	F (9)	2 F 20-29
72	6	Chris Flanagan (ANER)	73	1:29:54	62	10:20	1:40:15	M (63)	8 M 50-59
73	355	Danny Penton	68	1:29:36	77	10:43	1:40:19	M (64)	24 M 40-49
74	264	Rick Lawes	71	1:29:49	69	10:30	1:40:20	M (65)	2 M 60-69
75	285	Jason MacDonald	76	1:30:26	53	10:09	1:40:36	M (66)	25 M 40-49
76	216	Peter Hogan	69	1:29:36	88	11:00	1:40:37	M (67)	9 M 50-59
77	84	Ed Card	78	1:30:33	68	10:30	1:41:04	M (68)	25 M 30-39
78	479	Marilyn Warren	72	1:29:53	95	11:13	1:41:06	F (10)	2 F 40-49
79	184	Ryan Glynn (PRCA)	80	1:30:39	71	10:34	1:41:14	M (69)	26 M 30-39
80	412	Melinda Saunders (ANER)	81	1:30:54	83	10:56	1:41:51	F (11)	3 F 40-49
81	203	Kristy Hayward	79	1:30:36	98	11:15	1:41:52	F (12)	6 F 30-39
82	451	Tyson Thorne	83	1:31:10	80	10:51	1:42:02	M (70)	27 M 30-39
83	477	Qi Wang	87	1:31:43	65	10:24	1:42:07	F (13)	7 F 30-39
84	345	Nelson Osmond	82	1:30:58	119	11:34	1:42:33	M (71)	10 M 50-59
85	2	Anthony Broders	84	1:31:13	112	11:26	1:42:39	M (72)	11 M 50-59
86	389	Kyle Rees	77	1:30:30	163	12:17	1:42:48	M (73)	8 M 20-29
87	208	David Hennessey	88	1:31:44	93	11:09	1:42:53	M (74)	3 M 60-69
88	418	Steven Selst (PRCA)	85	1:31:24	127	11:41	1:43:05	M (75)	28 M 30-39
89	1	Jeff Barnes (ANER)	86	1:31:30	121	11:36	1:43:07	M (76)	26 M 40-49
90	357	Mark Peters	98	1:33:08	51	10:06	1:43:14	M (77)	27 M 40-49
91	323	Tim Murphy	89	1:31:46	125	11:39	1:43:25	M (78)	29 M 30-39
92	275	Matthew Leonard	91	1:32:28	85	10:58	1:43:26	M (79)	30 M 30-39
93	188	Andrew Gosse (PRCA)	93	1:32:33	100	11:16	1:43:49	M (80)	28 M 40-49
94	53	David Bonnell	104	1:34:09	43	9:57	1:44:07	M (81)	31 M 30-39
95	182	Keith Glynn (PRCA)	92	1:32:33	124	11:38	1:44:11	M (82)	12 M 50-59
96	497	Tiffany Wright	94	1:32:38	128	11:41	1:44:19	F (14)	8 F 30-39
97	425	Janelle Simmons (ANER)	90	1:32:07	182	12:35	1:44:43	F (15)	9 F 30-39
98	20	Joe Argentino	97	1:33:08	129	11:41	1:44:49	M (83)	29 M 40-49
99	167	Ryan Froude	96	1:33:07	132	11:43	1:44:51	M (84)	32 M 30-39

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100	94	Heather Clarke (MARC)	102	1:33:30	109	11:24	1:44:55	F (16)	4 F 40-49
101	429	Andrew Smith (ANER)	99	1:33:09	138	11:49	1:44:59	M (85)	30 M 40-49
102	255	Mike Kirkland	100	1:33:11	141	11:52	1:45:04	M (86)	31 M 40-49
103	296	Ed Matthews (PRCA)	101	1:33:13	147	11:54	1:45:08	M (87)	32 M 40-49
104	445	Michelle Strang (MARC)	95	1:32:52	211	13:00	1:45:52	F (17)	10 F 30-39
105	400	Arch Rose	105	1:34:10	134	11:45	1:45:55	M (88)	13 M 50-59
106	102	Jeff Cluney (PRCA)	110	1:35:04	81	10:51	1:45:56	M (89)	33 M 40-49
107	328	Stephen Nelson	109	1:35:04	87	10:59	1:46:03	M (90)	14 M 50-59
108	79	Jay Callanan (ANER)	103	1:33:39	190	12:40	1:46:20	M (91)	15 M 50-59
109	97	Raymond Clarke	108	1:35:04	106	11:20	1:46:24	M (92)	34 M 40-49
110	119	Paul Dancey	106	1:34:49	122	11:37	1:46:26	M (93)	35 M 40-49
111	282	Charles Luther	111	1:35:05	118	11:34	1:46:40	M (94)	33 M 30-39
112	109	Lewis Cook	114	1:35:45	101	11:16	1:47:02	M (95)	9 M 20-29
113	153	David Emberley	113	1:35:41	108	11:23	1:47:04	M (96)	36 M 40-49
114	40	Ryan Belbin	122	1:36:30	73	10:36	1:47:07	M (97)	10 M 20-29
115	115	Brian Croft (PRCA)	112	1:35:31	146	11:54	1:47:25	M (98)	16 M 50-59
116	399	Michaela Roebathan	120	1:36:17	97	11:15	1:47:32	F (18)	5 F 40-49
117	103	Heather Collins	118	1:36:11	116	11:32	1:47:44	F (19)	2 F 50-59
118	99	Christopher Cleary	107	1:34:58	200	12:50	1:47:48	M (99)	1 M 0-19
119	279	Truong Long	127	1:37:13	72	10:36	1:47:49	M (100)	37 M 40-49
120	384	Diana Quinton	123	1:36:30	110	11:25	1:47:56	F (20)	3 F 50-59
121	245	John Keeping	116	1:35:52	157	12:09	1:48:01	M (101)	38 M 40-49
122	232	Justin Ible	137	1:38:23	33	9:39	1:48:02	M (102)	39 M 40-49
123	42	Jennifer Bennett	117	1:36:02	155	12:04	1:48:06	F (21)	6 F 40-49
124	163	David Foley	119	1:36:13	149	11:58	1:48:12	M (103)	17 M 50-59
125	32	Brad Ball	125	1:36:31	130	11:42	1:48:14	M (104)	40 M 40-49
126	224	Dave Humphries	115	1:35:47	178	12:31	1:48:19	M (105)	41 M 40-49
127	235	Stephanie Jackman (ANER)	124	1:36:31	148	11:55	1:48:27	F (22)	7 F 40-49
128	91	Erik Charron (ANER)	144	1:38:55	31	9:37	1:48:32	M (106)	34 M 30-39
129	371	Stephanie Porter (NAUT)	126	1:36:56	123	11:38	1:48:34	F (23)	8 F 40-49
130	283	Chris Luther	128	1:37:14	131	11:42	1:48:56	M (107)	18 M 50-59
131	200	Kenneth Hammond	134	1:37:44	105	11:20	1:49:04	M (108)	35 M 30-39
132	376	Jeff Power	133	1:37:43	115	11:31	1:49:15	M (109)	36 M 30-39

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133	237	Anthony Johnston	131	1:37:41	117	11:33	1:49:15	M (110)	37 M 30-39
134	306	Regina McGarvey	121	1:36:25	205	12:55	1:49:20	F (24)	9 F 40-49
135	248	Natasha Kennedy	138	1:38:26	92	11:08	1:49:35	F (25)	10 F 40-49
136	455	Zachary Tilley	129	1:37:22	162	12:15	1:49:38	M (111)	11 M 20-29
137	247	Duane Kennedy	139	1:38:46	86	10:58	1:49:44	M (112)	4 M 60-69
138	87	Jillian Carter	152	1:39:15	67	10:30	1:49:45	F (26)	11 F 30-39
139	395	Tracy Riggs	132	1:37:42	156	12:06	1:49:49	F (27)	12 F 30-39
140	11	Joe Ryan	136	1:38:18	133	11:44	1:50:02	M (113)	5 M 60-69
141	249	Tonia Kennedy (PRCA)	140	1:38:47	107	11:21	1:50:08	F (28)	13 F 30-39
142	85	Jodi Card (ANER)	143	1:38:54	96	11:14	1:50:09	F (29)	14 F 30-39
143	22	Amanda Bailey	149	1:39:07	89	11:02	1:50:10	F (30)	15 F 30-39
144	494	Bob Wiscombe	146	1:39:03	94	11:13	1:50:16	M (114)	42 M 40-49
145	195	Terry Gulliford	135	1:38:02	168	12:22	1:50:24	M (115)	43 M 40-49
146	313	William Mitchell	147	1:39:06	103	11:18	1:50:24	M (116)	38 M 30-39
147	24	John-Ray Baird	148	1:39:07	102	11:17	1:50:25	M (117)	12 M 20-29
148	312	Robert Mills	130	1:37:37	201	12:51	1:50:28	M (118)	44 M 40-49
149	112	Damien Coombs	153	1:39:16	126	11:40	1:50:57	M (119)	39 M 30-39
150	55	Rob Bowers	151	1:39:12	136	11:48	1:51:01	M (120)	45 M 40-49
151	370	Sandra Pope	150	1:39:08	153	12:01	1:51:10	F (31)	11 F 40-49
152	431	Tony Smith	159	1:40:11	99	11:15	1:51:27	M (121)	46 M 40-49
153	373	Desmond Power (ANER)	145	1:38:55	191	12:40	1:51:36	M (122)	47 M 40-49
154	352	Jeff Pawley (ANER)	158	1:39:53	137	11:48	1:51:42	M (123)	48 M 40-49
155	316	Carol Monsigneur	156	1:39:50	150	11:59	1:51:50	F (32)	4 F 50-59
156	142	Andrea Duguid	155	1:39:30	165	12:19	1:51:50	F (33)	12 F 40-49
157	298	Joseph McCarthy	154	1:39:19	181	12:35	1:51:54	M (124)	40 M 30-39
158	101	Steve Cleary	160	1:40:20	135	11:47	1:52:07	M (125)	49 M 40-49
159	339	Brian Oliver	141	1:38:50	264	13:39	1:52:29	M (126)	41 M 30-39
160	359	Derrick Peyton	166	1:41:36	104	11:18	1:52:54	M (127)	19 M 50-59
161	225	Steve Humphries	157	1:39:51	221	13:07	1:52:59	M (128)	42 M 30-39
162	60	Beverly Bromley	164	1:41:21	139	11:50	1:53:11	F (34)	13 F 40-49
163	165	Jocelyn Follett	142	1:38:52	333	14:39	1:53:32	F (35)	16 F 30-39
164	169	Janice Furlong (ANER)	169	1:41:44	143	11:53	1:53:37	F (36)	3 F 20-29
165	170	Laura Furlong	170	1:41:44	142	11:53	1:53:37	F (37)	17 F 30-39

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166	254	Wade King	168	1:41:43	154	12:03	1:53:47	M (129)	50 M 40-49
167	222	Suzanne Hotson	162	1:41:05	196	12:46	1:53:51	F (38)	5 F 50-59
168	409	Kevin Ryan	163	1:41:17	184	12:37	1:53:54	M (130)	6 M 60-69
169	202	Francis Hayes	171	1:41:55	151	12:01	1:53:57	M (131)	20 M 50-59
170	288	Tim Maher	165	1:41:26	192	12:42	1:54:09	M (132)	13 M 20-29
171	262	Tobias Laengle	178	1:42:24	159	12:11	1:54:36	M (133)	51 M 40-49
172	398	Damien Robison	173	1:42:09	174	12:28	1:54:38	M (134)	43 M 30-39
173	404	Peter Russell	175	1:42:18	169	12:24	1:54:42	M (135)	52 M 40-49
174	390	Daniel Reid	176	1:42:19	175	12:29	1:54:48	M (136)	44 M 30-39
175	114	Tara Corbett	174	1:42:14	188	12:38	1:54:52	F (39)	14 F 40-49
176	461	Jason Tobin	172	1:42:05	207	12:57	1:55:02	M (137)	53 M 40-49
177	415	Stephanie Schoen	181	1:43:34	144	11:53	1:55:28	F (40)	4 F 20-29
178	256	Richard Kmack	161	1:40:30	361	15:15	1:55:45	M (138)	45 M 30-39
179	397	John Robinson	180	1:43:23	187	12:38	1:56:02	M (139)	7 M 60-69
180	39	Brad Beckett	183	1:43:44	170	12:27	1:56:11	M (140)	54 M 40-49
181	380	Gail Price O'Brien (ANER)	193	1:44:39	120	11:35	1:56:14	F (41)	6 F 50-59
182	489	Amanda Will	185	1:43:54	172	12:28	1:56:23	F (42)	15 F 40-49
183	460	Chris Tobin	184	1:43:50	183	12:36	1:56:26	M (141)	46 M 30-39
184	177	Clement Gibbons	200	1:45:00	114	11:28	1:56:29	M (142)	21 M 50-59
185	473	Stefan Wallin	179	1:42:39	287	13:55	1:56:34	M (143)	55 M 40-49
186	299	Sean McCarthy	190	1:44:27	166	12:21	1:56:48	M (144)	47 M 30-39
187	214	Peter Hodges	167	1:41:40	355	15:10	1:56:51	M (145)	48 M 30-39
188	293	Denise Martin (ANER)	194	1:44:40	164	12:19	1:56:59	F (43)	18 F 30-39
189	480	Ashley Wedd	177	1:42:23	338	14:43	1:57:07	M (146)	56 M 40-49
190	294	Julie Martin	199	1:44:43	173	12:28	1:57:12	F (44)	19 F 30-39
191	281	Craig Loveless (PRCA)	197	1:44:43	186	12:38	1:57:21	M (147)	57 M 40-49
192	500	Markus Zinterl	213	1:46:18	90	11:05	1:57:23	M (148)	49 M 30-39
193	432	W George Smith	182	1:43:35	279	13:49	1:57:24	M (149)	22 M 50-59
194	176	Roxanne George	187	1:44:18	223	13:08	1:57:27	F (45)	16 F 40-49
195	145	Kim Dwyer (ANER)	188	1:44:19	222	13:08	1:57:27	F (46)	17 F 40-49
196	117	Mick Cutler (ANER)	186	1:44:18	225	13:09	1:57:27	M (150)	58 M 40-49
197	193	Rick Grouchy	192	1:44:36	206	12:55	1:57:31	M (151)	59 M 40-49
198	72	Keith Bussey	189	1:44:26	256	13:35	1:58:01	M (152)	50 M 30-39

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Place	Bib	Name	18.39 km Rank	18.39 km Time	Munn Mile Rank	Munn Mile Time	Time	Gender Place	Age Group Place
199	5	Paul Dillon	204	1:45:18	193	12:42	1:58:01	M (153)	60 M 40-49
200	191	Cory Grandy	196	1:44:42	235	13:19	1:58:01	M (154)	61 M 40-49
201	470	Jennie Wadden	209	1:46:10	145	11:53	1:58:03	F (47)	20 F 30-39
202	417	Manuel Seguin	206	1:45:32	189	12:39	1:58:11	M (155)	51 M 30-39
203	158	Mitchel Fleming	203	1:45:16	208	12:57	1:58:14	M (156)	14 M 20-29
204	251	Mitch Kidd	202	1:45:15	209	12:58	1:58:14	M (157)	15 M 20-29
205	38	Matthew Beazley	195	1:44:40	257	13:35	1:58:15	M (158)	16 M 20-29
206	493	Leah Winter	207	1:45:36	197	12:46	1:58:23	F (48)	7 F 50-59
207	472	Nancy Wadden	216	1:46:33	140	11:51	1:58:25	F (49)	5 F 20-29
208	452	Dennis Thornhill	198	1:44:43	270	13:44	1:58:27	M (159)	52 M 30-39
209	433	Mike Smyth	191	1:44:35	286	13:55	1:58:30	M (160)	62 M 40-49
210	334	Debbie Nurse	205	1:45:28	228	13:09	1:58:38	F (50)	1 F 60-69
211	341	Clarence O'Neill (ANER)	210	1:46:11	185	12:37	1:58:48	M (161)	23 M 50-59
212	217	Debbie Hollohan	201	1:45:04	272	13:45	1:58:50	F (51)	8 F 50-59
213	69	Stephen Burrows	215	1:46:20	195	12:43	1:59:03	M (162)	8 M 60-69
214	194	Connie Gullage (PRCA)	218	1:46:43	179	12:32	1:59:16	F (52)	18 F 40-49
215	25	Thea Baird	208	1:46:08	224	13:09	1:59:17	F (53)	21 F 30-39
216	56	Tony Brathwaite	217	1:46:40	226	13:09	1:59:50	M (163)	9 M 60-69
217	304	Derek McDonald	212	1:46:15	262	13:37	1:59:52	M (164)	53 M 30-39
218	360	Neal Philpott (PRCA)	211	1:46:12	266	13:40	1:59:52	M (165)	54 M 30-39
219	350	Cathy Parsons	220	1:47:01	230	13:11	2:00:12	F (54)	22 F 30-39
220	319	Spencer Morgan	226	1:47:38	194	12:42	2:00:20	M (166)	24 M 50-59
221	435	Adam Snow	227	1:47:50	176	12:30	2:00:21	M (167)	2 M 0-19
222	106	Ryan Collins	214	1:46:20	310	14:10	2:00:30	M (168)	55 M 30-39
223	107	Sharon Collins	224	1:47:33	216	13:04	2:00:37	F (55)	19 F 40-49
224	137	Jeff Doucette	219	1:46:44	292	13:58	2:00:43	M (169)	63 M 40-49
225	178	Roger Gillard	222	1:47:18	244	13:27	2:00:45	M (170)	25 M 50-59
226	7	Bernadette Jerrett	225	1:47:35	239	13:21	2:00:57	F (56)	2 F 60-69
227	125	Deanne Delahunty	221	1:47:01	289	13:56	2:00:57	F (57)	20 F 40-49
228	335	Shannon O'Brien	223	1:47:31	258	13:35	2:01:07	M (171)	64 M 40-49
229	318	William Moores	228	1:47:53	233	13:17	2:01:11	M (172)	56 M 30-39
230	381	Michelle Purchase (ANER)	231	1:48:19	210	12:59	2:01:18	F (58)	21 F 40-49
231	273	Andrew Leonard	230	1:48:08	231	13:13	2:01:21	M (173)	57 M 30-39

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232	257	Sarah Knight	233	1:48:34	198	12:47	2:01:21	F (59)	1 F 0-19
233	457	Heather Tite	242	1:49:18	161	12:15	2:01:33	F (60)	23 F 30-39
234	23	Keith Bailey	235	1:48:43	202	12:52	2:01:35	M (174)	65 M 40-49
235	280	Lisa Lovelady	229	1:48:06	285	13:53	2:01:59	F (61)	22 F 40-49
236	36	Tina Barry (PRCA)	238	1:49:06	212	13:00	2:02:07	F (62)	23 F 40-49
237	411	Colleen Sager (ANER)	237	1:49:06	214	13:00	2:02:07	F (63)	24 F 30-39
238	466	Jennifer Turpin	241	1:49:13	227	13:09	2:02:22	F (64)	24 F 40-49
239	61	Joseph Brown	234	1:48:41	268	13:43	2:02:24	M (175)	26 M 50-59
240	88	Natalie Chaisson	247	1:50:01	171	12:28	2:02:29	F (65)	25 F 40-49
241	368	Carol Ann Poole (PRCA)	239	1:49:07	271	13:44	2:02:52	F (66)	9 F 50-59
242	123	Susan Day	243	1:49:20	252	13:34	2:02:54	F (67)	26 F 40-49
243	502	Anne Karine Jenssen	244	1:49:22	255	13:34	2:02:57	F (68)	25 F 30-39
244	161	Dennis Flynn (ANER)	240	1:49:13	273	13:46	2:02:59	M (176)	66 M 40-49
245	136	Michael Dooling	236	1:49:01	301	14:05	2:03:07	M (177)	58 M 30-39
246	227	John Hurley (PRCA)	255	1:51:00	167	12:22	2:03:23	M (178)	67 M 40-49
247	388	Tracy Reardon	250	1:50:29	217	13:04	2:03:33	F (69)	26 F 30-39
248	160	Barry Flynn	246	1:49:52	274	13:46	2:03:38	M (179)	59 M 30-39
249	48	William Biggin	248	1:50:14	250	13:29	2:03:43	M (180)	27 M 50-59
250	68	Richard Buote	232	1:48:23	376	15:25	2:03:49	M (181)	17 M 20-29
251	134	Carolyn Donahue	253	1:50:58	220	13:05	2:04:03	F (70)	27 F 40-49
252	271	Bill Legge	245	1:49:51	313	14:14	2:04:05	M (182)	68 M 40-49
253	272	Karen Legge			435	2:04:05	2:04:05	F (71)	28 F 40-49
254	83	Renee Campbell (ANER)	257	1:51:13	204	12:53	2:04:07	F (72)	6 F 20-29
255	311	Trevor Mercer	264	1:51:47	180	12:33	2:04:20	M (183)	69 M 40-49
256	73	Melissa Butler	256	1:51:11	229	13:10	2:04:21	F (73)	27 F 30-39
257	34	Charlotte Barrington	249	1:50:28	306	14:07	2:04:36	F (74)	3 F 60-69
258	277	Tammy Leriche	251	1:50:31	317	14:15	2:04:47	F (75)	29 F 40-49
259	52	Angela Bonnell	252	1:50:58	282	13:52	2:04:50	F (76)	28 F 30-39
260	110	Sandie Cook (PRCA)	254	1:50:59	291	13:58	2:04:57	F (77)	29 F 30-39
261	406	Tanya Russell (ANER)	269	1:51:59	213	13:00	2:04:59	F (78)	30 F 30-39
262	28	Janice Baker	260	1:51:42	275	13:46	2:05:28	F (79)	10 F 50-59
263	27	Gregory Baker	261	1:51:42	276	13:46	2:05:28	M (184)	28 M 50-59
264	495	Jenny Wong	267	1:51:50	265	13:39	2:05:29	F (80)	30 F 40-49



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265	456	Allison Tilley	266	1:51:49	267	13:43	2:05:32	F (81)	31 F 30-39
266	138	Kim Downs	265	1:51:48	277	13:47	2:05:36	F (82)	31 F 40-49
267	259	Jochen Kuhn	268	1:51:55	278	13:48	2:05:43	M (185)	60 M 30-39
268	322	Raleen Murphy (PRCA)	258	1:51:21	326	14:27	2:05:48	F (83)	32 F 30-39
269	234	Patricia Ivory	275	1:52:32	242	13:26	2:05:59	F (84)	11 F 50-59
270	498	Dennis Yap	271	1:52:05	288	13:55	2:06:01	M (186)	70 M 40-49
271	449	Tina Taylor	263	1:51:47	321	14:20	2:06:07	F (85)	32 F 40-49
272	207	Chris Hefford	279	1:53:08	218	13:04	2:06:13	M (187)	71 M 40-49
273	105	Peter Collins	259	1:51:22	344	14:53	2:06:16	M (188)	72 M 40-49
274	47	Dayle Biggin	262	1:51:46	328	14:31	2:06:18	F (86)	33 F 40-49
275	86	Frederick Carew	281	1:53:36	199	12:47	2:06:24	M (189)	29 M 50-59
276	19	Peter Ardis	272	1:52:26	290	13:58	2:06:24	M (190)	73 M 40-49
277	419	Courtney Sheehan	278	1:53:07	253	13:34	2:06:42	F (87)	7 F 20-29
278	266	Ryan Lawlor	284	1:53:52	203	12:53	2:06:46	M (191)	18 M 20-29
279	198	Brendan Hagerty (ANER)	276	1:53:00	299	14:03	2:07:03	M (192)	61 M 30-39
280	252	Janet King	277	1:53:04	294	13:59	2:07:04	F (88)	33 F 30-39
281	383	Stephanie Quinlan (ANER)	270	1:51:59	373	15:23	2:07:22	F (89)	34 F 30-39
282	310	Colleen Meade	280	1:53:16	302	14:05	2:07:22	F (90)	34 F 40-49
283	487	Bud Whitten	274	1:52:29	347	14:57	2:07:26	M (193)	30 M 50-59
284	35	Florence Barron (ANER)	283	1:53:50	259	13:36	2:07:26	F (91)	1 F 70-99
285	26	Angela Baker	285	1:54:06	238	13:20	2:07:27	F (92)	35 F 40-49
286	491	Christa Willar	286	1:54:12	234	13:19	2:07:31	F (93)	35 F 30-39
287	391	Jane Rendell	273	1:52:27	372	15:21	2:07:48	F (94)	12 F 50-59
288	164	Maria Foley	282	1:53:50	296	14:02	2:07:53	F (95)	36 F 40-49
289	469	Donna Wadden	290	1:54:39	246	13:28	2:08:07	F (96)	4 F 60-69
290	375	Jeanie Power	292	1:54:58	236	13:20	2:08:18	F (97)	13 F 50-59
291	133	Rod Dominie	289	1:54:29	280	13:50	2:08:19	M (194)	74 M 40-49
292	437	Rodi Snow	287	1:54:26	325	14:24	2:08:51	M (195)	62 M 30-39
293	330	Amanda Newell	294	1:55:23	261	13:36	2:09:00	F (98)	8 F 20-29
294	343	Pamela O'Neill	291	1:54:53	309	14:09	2:09:03	F (99)	14 F 50-59
295	98	Sarah Clarke	288	1:54:26	334	14:40	2:09:06	F (100)	36 F 30-39
296	464	Laura Tuck	304	1:57:02	158	12:11	2:09:14	F (101)	37 F 40-49
297	269	Mark Leamy	293	1:55:12	304	14:06	2:09:19	M (196)	63 M 30-39

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298	340	Janet Oliver	295	1:55:24	307	14:08	2:09:32	F (102)	15 F 50-59
299	212	Brenda Hillier	296	1:55:24	308	14:08	2:09:32	F (103)	16 F 50-59
300	140	Mathieu Doyon	297	1:55:33	335	14:41	2:10:14	M (197)	64 M 30-39
301	147	Mary-Beth Eason	298	1:55:40	343	14:53	2:10:34	F (104)	9 F 20-29
302	453	Andrew Tilley	303	1:56:58	260	13:36	2:10:35	M (198)	75 M 40-49
303	92	Ashley Chiasson	317	1:58:34	152	12:01	2:10:36	F (105)	10 F 20-29
304	205	Chantel Healey	302	1:56:53	295	13:59	2:10:53	F (106)	37 F 30-39
305	62	Kari Brown	306	1:57:10	284	13:53	2:11:04	F (107)	38 F 40-49
306	199	Andrew Hallett (PRCA)	307	1:57:15	293	13:59	2:11:15	M (199)	31 M 50-59
307	190	Will Gough	314	1:58:14	215	13:01	2:11:16	M (200)	76 M 40-49
308	422	Jason Silver	311	1:58:02	237	13:20	2:11:22	M (201)	77 M 40-49
309	242	Tina Kean	305	1:57:06	320	14:20	2:11:26	F (108)	39 F 40-49
310	174	Lisa Jane Galway (PRCA)	299	1:55:46	390	15:49	2:11:35	F (109)	38 F 30-39
311	220	Karen Honeygold	300	1:56:13	381	15:31	2:11:45	F (110)	40 F 40-49
312	54	Daniel Bourgeois	301	1:56:35	356	15:13	2:11:48	M (202)	78 M 40-49
313	168	Julie Fudge	315	1:58:16	254	13:34	2:11:51	F (111)	39 F 30-39
314	171	Ryan Furlong	310	1:57:47	318	14:16	2:12:03	M (203)	65 M 30-39
315	486	Amanda Whelan (PRCA)	313	1:58:13	283	13:52	2:12:05	F (112)	40 F 30-39
316	483	Cassandra West	312	1:58:05	312	14:13	2:12:18	F (113)	41 F 30-39
317	369	Tony Poole (ANER)	323	1:59:31	219	13:04	2:12:36	M (204)	79 M 40-49
318	374	Holly Power	308	1:57:31	375	15:25	2:12:57	F (114)	42 F 30-39
319	326	Darek Nakonieczny	318	1:58:37	324	14:23	2:13:00	M (205)	80 M 40-49
320	210	Kim Hickman	324	1:59:34	243	13:26	2:13:01	F (115)	11 F 20-29
321	49	Kristen Blackmore	325	1:59:34	241	13:26	2:13:01	F (116)	12 F 20-29
322	50	Shelly Blackwood	319	1:59:16	303	14:05	2:13:22	F (117)	43 F 30-39
323	372	Andrew Power (PRCA)	309	1:57:32	393	15:59	2:13:32	M (206)	66 M 30-39
324	499	Marion Yetman	316	1:58:21	364	15:17	2:13:39	F (118)	5 F 60-69
325	440	Susan Sparrow	320	1:59:16	329	14:34	2:13:50	F (119)	17 F 50-59
326	238	Carolyn Jones	321	1:59:24	352	15:03	2:14:27	F (120)	41 F 40-49
327	501	Ann Chafe	326	1:59:48	339	14:45	2:14:33	F (121)	6 F 60-69
328	95	Janelle Clarke	334	2:01:10	269	13:43	2:14:54	F (122)	44 F 30-39
329	458	Heather Tizzard	329	2:00:51	305	14:07	2:14:58	F (123)	42 F 40-49
330	401	Amanda Rowe	332	2:00:58	322	14:20	2:15:19	F (124)	43 F 40-49

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331	424	Stacey Silver	322	1:59:26	399	16:03	2:15:29	F (125)	44 F 40-49
332	366	Mark Pinsent	342	2:02:09	240	13:23	2:15:32	M (207)	32 M 50-59
333	347	Ellen Panting	344	2:02:09	247	13:28	2:15:38	F (126)	13 F 20-29
334	82	Jessica Campbell	343	2:02:09	249	13:28	2:15:38	F (127)	14 F 20-29
335	505	Lisa Mooney	345	2:02:10	248	13:28	2:15:38	F (128)	18 F 50-59
336	348	Maureen Panting	346	2:02:10	245	13:27	2:15:38	F (129)	19 F 50-59
337	18	Kate Andrews	327	1:59:57	389	15:48	2:15:45	F (130)	45 F 30-39
338	3	Donna Burt	339	2:01:37	311	14:12	2:15:50	F (131)	20 F 50-59
339	135	Leah Dooley	336	2:01:14	341	14:48	2:16:03	F (132)	45 F 40-49
340	43	Lorne Bennett	328	2:00:27	386	15:39	2:16:07	M (208)	33 M 50-59
341	154	Jenelle Emberley	341	2:02:06	298	14:03	2:16:09	F (133)	46 F 30-39
342	66	Craig Bulger	347	2:02:32	263	13:38	2:16:10	M (209)	81 M 40-49
343	444	Ken Stockley	330	2:00:57	368	15:19	2:16:17	M (210)	82 M 40-49
344	467	Norbert Turpin	335	2:01:13	357	15:13	2:16:27	M (211)	67 M 30-39
345	17	Cathy Andrews (NAUT)	338	2:01:31	346	14:56	2:16:27	F (134)	7 F 60-69
346	421	Justin Siller	333	2:01:02	378	15:28	2:16:30	M (212)	19 M 20-29
347	286	Cheryl MacLean	340	2:01:55	351	14:59	2:16:54	F (135)	47 F 30-39
348	180	Jaimee Gillis	337	2:01:27	402	16:05	2:17:33	F (136)	15 F 20-29
349	317	Rona Moore	331	2:00:57	413	16:52	2:17:50	F (137)	16 F 20-29
350	407	Beverly Ryan	348	2:02:34	377	15:28	2:18:02	F (138)	46 F 40-49
351	459	Andrew Tobin (PRCA)	349	2:03:58	330	14:36	2:18:35	M (213)	68 M 30-39
352	402	Glenda Roy	350	2:04:23	332	14:37	2:19:01	F (139)	8 F 60-69
353	439	Sandra Snow-Clarke	351	2:04:32	349	14:59	2:19:31	F (140)	21 F 50-59
354	213	Billie-Joe Hodder	356	2:05:45	300	14:04	2:19:50	F (141)	48 F 30-39
355	244	Donna Keefe (RRCG)	365	2:07:21	177	12:31	2:19:52	F (142)	47 F 40-49
356	423	Michael Silver	363	2:06:48	232	13:16	2:20:05	M (214)	3 M 0-19
357	181	John Glynn	352	2:05:08	360	15:15	2:20:23	M (215)	10 M 60-69
358	183	Kevin Glynn	353	2:05:08	359	15:15	2:20:23	M (216)	11 M 60-69
359	12	Ken Scott	358	2:06:01	340	14:46	2:20:47	M (217)	34 M 50-59
360	75	Karen Button	354	2:05:27	385	15:38	2:21:06	F (143)	22 F 50-59
361	10	Alfred Power	362	2:06:47	323	14:22	2:21:09	M (218)	35 M 50-59
362	127	Brenda Di Bartolo (PRCA)	360	2:06:41	327	14:31	2:21:12	F (144)	23 F 50-59
363	166	Paula French	355	2:05:44	380	15:29	2:21:13	F (145)	48 F 40-49

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364	476	Doris Walsh (ANER)	357	2:05:46	384	15:37	2:21:23	F (146)	9 F 60-69
365	118	Lori Dalton (PRCA)	367	2:07:27	297	14:02	2:21:30	F (147)	49 F 30-39
366	33	Donna Ballard	361	2:06:41	353	15:08	2:21:50	F (148)	24 F 50-59
367	204	Lori Hayward	364	2:07:18	331	14:37	2:21:55	F (149)	49 F 40-49
368	139	Peggy Doyle	359	2:06:03	394	16:02	2:22:05	F (150)	25 F 50-59
369	228	Donna Hussey	368	2:07:28	337	14:43	2:22:11	F (151)	26 F 50-59
370	336	Eileen O'Brien	369	2:07:28	336	14:43	2:22:11	F (152)	27 F 50-59
371	354	Alex Penney	370	2:07:28	358	15:14	2:22:43	F (153)	17 F 20-29
372	260	Karen Lacey (NWRC)	371	2:07:36	379	15:29	2:23:05	F (154)	50 F 40-49
373	361	Danielle Picco	373	2:07:55	365	15:17	2:23:13	F (155)	18 F 20-29
374	230	Katherine Hynes	378	2:08:14	348	14:58	2:23:13	F (156)	19 F 20-29
375	362	Heather Picco	377	2:08:14	350	14:59	2:23:13	F (157)	20 F 20-29
376	231	Kimberly Hynes	374	2:07:55	366	15:18	2:23:13	F (158)	21 F 20-29
377	290	Colleen Maloney (RRCG)	366	2:07:23	392	15:59	2:23:22	F (159)	28 F 50-59
378	475	Brian Walsh	375	2:08:07	374	15:23	2:23:31	M (219)	36 M 50-59
379	307	Erin McGowan (PRCA)	372	2:07:45	391	15:49	2:23:35	F (160)	50 F 30-39
380	173	Tanya Gallant (PRCA)	381	2:09:21	319	14:18	2:23:40	F (161)	51 F 30-39
381	129	Jodi Dodge	376	2:08:12	388	15:46	2:23:59	F (162)	51 F 40-49
382	239	Catherine Jones	382	2:09:26	342	14:53	2:24:19	F (163)	22 F 20-29
383	70	Matty Burry	385	2:10:37	281	13:50	2:24:27	M (220)	20 M 20-29
384	29	Mark Baker	384	2:10:04	363	15:17	2:25:21	M (221)	83 M 40-49
385	344	Karyn O'Rielly	383	2:10:02	369	15:19	2:25:22	F (164)	52 F 30-39
386	349	Chuck Pardy	398	2:13:15	160	12:15	2:25:30	M (222)	69 M 30-39
387	414	Tina Savoury (PRCA)	386	2:10:39	345	14:54	2:25:33	F (165)	52 F 40-49
388	303	Daisy McDonald	393	2:11:49	316	14:15	2:26:04	F (166)	53 F 40-49
389	302	Catherine McDonald	394	2:11:49	315	14:14	2:26:04	F (167)	54 F 40-49
390	124	Kelly Deering	395	2:11:49	314	14:14	2:26:04	F (168)	53 F 30-39
391	442	Kerry Spurrell	388	2:10:46	370	15:21	2:26:07	F (169)	55 F 40-49
392	465	Gail Tucker	389	2:10:48	367	15:19	2:26:07	F (170)	56 F 40-49
393	31	Rosemarie Baldwin	390	2:10:51	371	15:21	2:26:13	F (171)	29 F 50-59
394	162	Sheila Flynn	391	2:11:20	382	15:32	2:26:53	F (172)	57 F 40-49
395	267	Tina Lawlor	387	2:10:44	410	16:45	2:27:30	F (173)	58 F 40-49
396	219	Joanne Honeygold	379	2:08:34	429	19:01	2:27:36	F (174)	59 F 40-49

# Cape to Cabot 20k

## Overall Finish List

October 16, 2016

Timing & Results by Athletics NorthEAST

Place	Bib	Name	18.39 km Rank	18.39 km Time	Munn Mile Rank	Munn Mile Time	Time	Gender Place	Age Group Place
397	450	John Taylor-Hood (ANER)	397	2:12:38	354	15:09	2:27:48	M (223)	84 M 40-49
398	324	Gail Murrin (ANER)	392	2:11:46	405	16:17	2:28:04	F (175)	30 F 50-59
399	4	Regina Coady	396	2:12:29	387	15:44	2:28:14	F (176)	31 F 50-59
400	157	Vanessa Farrell	380	2:09:06	431	19:30	2:28:37	F (177)	60 F 40-49
401	292	Chris Martin	400	2:14:31	395	16:02	2:30:34	M (224)	70 M 30-39
402	443	Elizabeth Squires	399	2:14:31	397	16:03	2:30:34	F (178)	10 F 60-69
403	211	Sarah Higdon	409	2:16:14	383	15:36	2:31:50	F (179)	2 F 0-19
404	41	Coreen Bennett (PRCA)	402	2:15:10	411	16:47	2:31:58	F (180)	61 F 40-49
405	364	Lisa Pike (PRCA)	403	2:15:10	412	16:47	2:31:58	F (181)	62 F 40-49
406	122	Ashley Dawe	408	2:16:07	396	16:02	2:32:09	F (182)	54 F 30-39
407	63	Lindsay Brushett	407	2:16:06	398	16:03	2:32:10	F (183)	55 F 30-39
408	284	Jennifer Lynch	406	2:16:06	400	16:03	2:32:10	F (184)	63 F 40-49
409	175	Sheri Geehan	405	2:16:06	401	16:03	2:32:10	F (185)	64 F 40-49
410	430	Joyce Smith (PRCA)	401	2:15:05	424	18:00	2:33:06	F (186)	32 F 50-59
411	65	Gwendelyne Budden	413	2:16:37	406	16:40	2:33:18	F (187)	56 F 30-39
412	434	Roger Snook	412	2:16:37	407	16:41	2:33:18	M (225)	37 M 50-59
413	192	Douglas Grouchy	404	2:15:56	420	17:41	2:33:37	M (226)	38 M 50-59
414	116	Gail Cummings	410	2:16:16	418	17:24	2:33:40	F (188)	11 F 60-69
415	386	Sara Ralph	417	2:16:58	408	16:44	2:33:42	F (189)	23 F 20-29
416	387	Todd Ralph (PRCA)	416	2:16:56	409	16:45	2:33:42	M (227)	85 M 40-49
417	333	Nikita Noseworthy	414	2:16:44	414	17:12	2:33:56	F (190)	57 F 30-39
418	278	Karen Linfield	415	2:16:51	419	17:33	2:34:24	F (191)	33 F 50-59
419	144	Josephine Dwyer	418	2:17:11	416	17:20	2:34:31	F (192)	34 F 50-59
420	96	Penni Clarke	411	2:16:21	427	18:39	2:35:00	F (193)	58 F 30-39
421	351	Julie Parsons	419	2:18:18	415	17:13	2:35:31	F (194)	59 F 30-39
422	8	Dan Owens	423	2:19:34	404	16:12	2:35:46	M (228)	39 M 50-59
423	365	Christine Pinsent	425	2:20:06	403	16:09	2:36:16	F (195)	60 F 30-39
424	338	Ken O'Brien	422	2:19:23	421	17:45	2:37:09	M (229)	40 M 50-59
425	308	Amanda McGrath (PRCA)	421	2:19:23	422	17:46	2:37:10	F (196)	35 F 50-59
426	485	Cory Wheeler	420	2:19:00	426	18:33	2:37:34	M (230)	71 M 30-39
427	297	Amanda May	424	2:19:35	425	18:07	2:37:42	F (197)	61 F 30-39
428	15	Catharyn Andersen	426	2:21:11	428	18:53	2:40:04	F (198)	65 F 40-49
429	478	Claudette Warren	428	2:28:46	251	13:32	2:42:18	F (199)	62 F 30-39

# Cape to Cabot 20k

## Overall Finish List

October 16, 2016

Timing & Results by Athletics NorthEAST

Place	Bib	Name	18.39 km Rank	18.39 km Time	Munn Mile Rank	Munn Mile Time	Time	Gender Place	Age Group Place
430	300	Sherrie McCarthy	429	2:29:46	417	17:22	2:47:08	F (200)	63 F 30-39
431	93	Stacy Chidley	427	2:25:53	433	21:49	2:47:42	F (201)	64 F 30-39
432	363	Gina Pickett	430	2:30:19	423	17:50	2:48:09	F (202)	65 F 30-39
433	241	Keri Kao	431	2:30:25	430	19:28	2:49:53	F (203)	66 F 40-49
434	189	Shelley Gosse (PRCA)	432	2:34:52	362	15:15	2:50:08	F (204)	67 F 40-49
435	111	Brendan Coombes	433	2:36:06	432	20:41	2:56:48	M (231)	72 M 30-39
436	185	Susan Glynn			436	3:52:00	3:52:00	F (205)	36 F 50-59