



**Scotiabank**  
**CAPE TO CABOT 2009**  
A 20K Athletics NorthEAST Road Race

*#144 Gail Fowlow*

*Place: 297 Time: 2:19:55*

*By Gender: 7 (114)*

*By Age Group: 50-59 (11)*

*Mazda Mile: 16:48*

